

Free Palliative Care training workshops all across Tasmania

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Do you want to make a real difference in end-of-life care?

You're not alone...

Whether you work in aged care, acute or primary care, chances are, at some stage, you'll find yourself caring for someone with a terminal illness.

Every person's needs are unique and sorting your way through the emotional and social stresses faced by a dying person and their family can be difficult.

A new face-to-face training program has been developed to help health professionals who provide palliative care to aged persons in the community. The workshops will help you develop your skills and confidence, so that the next person you care for at the end of their life will benefit from your experience.

What does the training cover?

Based on the "Guidelines for a Palliative Approach for Aged Care in the Community Setting", the workshops have been developed to help you to:

- Reflect on the needs of people and their families as they approach the end of life
- Build your screening and assessment skills
- Develop confidence in having end of life conversations, especially around Advance Care Planning
- Invest in your own self-care and build resilience
- Connect you to a wider network of experts who can support and assist you



How long does it take to complete?

The face-to-face workshops are expected to run for half a day.

How should I prepare for this training?

Prior to the workshops, commencing in 2014, participants are invited to complete our online training modules.

How much will it cost?

The training is funded by the Department of Health, so best of all – it's free!

Is the course accredited?

The online modules form the basis of the learning outcomes and, because they are accredited, will enable you to accrue Continuing Professional Development (CPD) points. You will be provided with a certificate of attainment when you finish the modules and gain Recognition of Prior Learning (RPL) from accredited training organisations if you want to progress to a formal qualification.

When can I start?

Workshops will be available throughout 2014 and the first half of 2015.

Want to sign up?

If you would like our training team to facilitate a workshop for staff at your premises, please contact Yasmin via email at ybirchall@ahha.asn.au.

For more information, contact:

Terrie Paul
Director
JustHealth Consultants
E tpaul@ahha.asn.au
T 02 6162 0780

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